

FRESH VEGETABLE SIDE DISHES

All vegetable dishes are available as main courses at £5.95

Mixed Vegetable Curry	3.50
Vegetable Stir Fry.....	3.50
Aloo Gobi.....	3.50
Cauliflower Bhaji.....	3.50
Sag Aloo.....	3.50
Chana Massala.....	3.50
Bombay Aloo.....	3.50
Bindi Bhajee	3.50
Dall Massala.....	3.50
Tarka Dall	3.50
Brinjal Bhaji.....	3.50
Sag Paneer.....	3.50
Mushroom Bhaji.....	3.50

SUNDRIES

Special Fried Rice	3.50
Mushroom Fried Rice.....	3.50
Lemon Rice	3.50
Coconut Rice	3.50
Egg Rice	3.50
Pilau Rice	2.50
Plain Rice	2.50
Plain Nan	2.40
Keema Nan	2.60
Peshwari Nan	2.60
Chilli Nan	2.60
Garlic Nan	2.60
Plain Paratha	2.40
Stuffed Paratha.....	2.60
Chapati.....	1.30
Tandoori Roti.....	2.40
Popadom	0.60
(plain or spicy)	
Chutney's	0.60(each)
Raitha.....	1.75

Indian food, prepared with subtle spice flavours and skilfully blended ingredients, has travelled far and wide across many continents since its early origins in the ancient Indus river valley more than five thousand years ago.

At Indian Zest, you too can "Discover the Flavour", which has fired imaginations and enriched the senses like no other cuisine throughout human history.

Having a function?

Why not let IZ take care of your catering needs.

Our chefs will be pleased to make every effort to prepare any dishes of your choice not listed in this menu.

Soft drinks are available

EXCLUSIVE OPENING OFFER* VOUCHER!

20% OFF COLLECTION
&
10% OFF DELIVERY

PRESENT MENU TO REDEEM YOUR DISCOUNT

* Opening offer can not be used in conjunction with any other offer

HOME DELIVERY

Maidenhead and surrounding areas
(Minimum order £20 for delivery)

10% DISCOUNT ON COLLECTION

**130 Wessex Way, Cox Green
Maidenhead, SL6 3DL**

Tel : 01628 629 981

OR 01628 629 983

Mon - Sat 5.00 pm till 10.30 pm
Sun and bank holidays 5.00 pm till 10.00 pm

Some of our dishes may contain nuts or dairy products. If you suffer from any allergies, please enquire when ordering.

All major payment cards accepted - cheques not accepted



NOW OPEN!

EXCLUSIVE OPENING OFFER* VOUCHER!

20% OFF COLLECTION
&

10% OFF DELIVERY

PRESENT MENU TO REDEEM YOUR DISCOUNT

DISCOVER THE FLAVOUR

www.IZINDIANMAIDENHEAD.co.uk

STARTERS

Mixed Kebab	4.95
chicken tikka, lamb tikka, sheek kebab and onion bhaji	
Garlic King Prawns	5.75
king prawns pan fried with fresh garlic and onions	
Onion Bhaji	2.95
deep fried onion and lentil balls (4pcs)	
Samosas [Lamb or Vegetable]	2.95
pastry filled with spiced minced lamb or vegetable	
Sheek Kebab	3.50
minced lamb kebabs with fresh herbs and spices	
Tikka [Chicken or Lamb]	3.50
marinated and cooked in a clay oven	
Tandoori Chicken	3.50
marinated and cooked in a clay oven	
Chicken Chat Puri	4.50
in a chat masala sauce with a light thin bread	
Aloo Chat Puri	3.95
in a chat masala sauce with a light thin bread	
Prawn Puri.....	4.95
cooked with spices served on a puri bread	
King Prawn Puri	5.75
cooked with spices served on a puri bread	
King Prawn Butterfly	4.50
lightly spiced, coated with bread crumbs and deep fried	
Royal Paneer.....	4.50
paneer marinated and cooked in aromatic spices and cooked in a clay oven	

BRIYANI DISHES

These dishes are prepared with rice and accompanied by a vegetable curry on the side

Chicken or Lamb	9.50
Chicken or Lamb Tikka	10.50
Prawn	10.50
King Prawn	11.50
Special	11.50
Chicken, Lamb & Prawn	
Vegetable.....	8.50

SPECIALITIES

Tikka Masala [Chicken or Lamb].....	7.95
barbecued and cooked in our special creamy masala sauce	
Butter [Chicken].....	7.95
cooked in a creamy mild buttered sauce	
Karai [Chicken or Lamb].....	7.95
medium spiced with onions and peppers,cooked in a wok	
Pasanda [Chicken or Lamb]	7.95
cooked in a special marinated cream and nut sauce)	
Shatkora [Chicken or Lamb]	7.95
traditional Bangladeshi recipe with citrus lime fruit	
Achari Lamb or Chicken.....	7.95
marinated chicken or lamb in our chefs unique pickle recipe	
Handi [Chicken or Lamb]	7.95
cooked in a medium sauce with lemon grass, spring onion and green pepper	
Kashmiri chicken masala.....	7.95
with tropical fruits in our special creamy masala sauce	
Rezalla Chicken.....	7.95
tikka cooked in a fairly hot rich sauce with fresh ginger	
Naga [Chicken or Lamb].....	7.95
very hot with the naga chillies	
Chilli [Chicken or Lamb]	7.95
hot dish freshly prepared with green chilli sauce and ginger	
Darjeeling [Chicken or Lamb].....	7.95
Chicken or Lamb cooked in clay oven, then cooked with fresh garlic & ginger, shallot and peri peri sauce served in a medium thick sauce.	

SEAFOOD SPECIALITIES

Fish Bhuna	9.95
bengali fish fillet cooked in medium spices in a thick bhuna sauce	
Tandoori King Prawn Masala	11.50
marinated king prawns in our special creamy masala sauce	
Jhinga Hara Bhata	11.50
king prawn cooked with in chefs own unique medium spiced recipe.	
Garlic Chilli King Prawns	11.50
Karai King Prawns.....	11.50
Shatkora King Prawns.....	11.50

TRADITIONAL DISHES

	Chicken	Lamb	Prawn	King Prawn
Korma	6.95	6.95	7.50	10.50
cooked in a specially prepared mild sauce				
Madras	6.95	6.95	7.50	10.50
cooked in a fairly hot sauce				
Vindaloo	6.95	6.95	7.50	10.50
cooked in a hot sauce				
Bhuna	6.95	6.95	7.50	10.50
cooked with browned onions in a medium thick texture sauce				
Dupiaza	6.95	6.95	7.50	10.50
cooked with medium spices, browned onions and shallots				
Rogan	6.95	6.95	7.50	10.50
cooked with glazed tomatoes and fresh coriander				
Sag	6.95	6.95	7.50	10.50
cooked with fresh spinach and garlic				
Dansak	6.95	6.95	7.50	10.50
cooked with lentils in a fairly hot sweet and sour sauce				
Pathia	6.95	6.95	7.50	10.50
cooked in a fairly hot sweet and sour sauce				
Jalfrezi	6.95	6.95	7.50	10.50
fairly hot with fresh chili and coriander				

TANDOORI DISHES

These dishes are all dry and marinated in our special sauce, cooked in a clay oven over charcoal and served with salad. Shashlik dishes include tomatoes and peppers.

Tandoori Chicken.....	6.95
Chicken or Lamb Tikka	6.95
Chicken or Lamb Shashlik.....	7.95
Tandoori King Prawn.....	11.50
King Prawn Shashlik	11.95
Tandoori Mix Grill.....	11.95
Vegetable Shashlik.....	6.95

BALTI DISHES

All these dishes are cooked in our own uniquely prepared balti sauce and are medium spiced

Chicken or Lamb	6.95
Chicken or Lamb Tikka	7.95
Prawn.....	7.95
King Prawn	11.50
Vegetable.....	6.25